

My Maternal Granny

- Silky Ho (L3) -

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My maternal granny is very healthy and strong, and this year she is turning 70 years old. Her neighbours just do not believe it!





My

granny is a

good cook and can make a lot of delicious dishes, like chilli prawns, beef curry, chicken ... etc.

They are all very yummy!



In the morning she always exercise. At 9:30am she short nap.



goes to the park to do returns home and takes a



At noon she will wake up and cook lunch. At around 1:00pm she and her husband, my maternal grandpa, will eat lunch together. At 2:00pm she has to start doing her housework, like sweeping the floor, and then washing the kitchen.

In the evening, she cooks with my grandpa at watches TV for a while, goes to bed.



dinner and eats it 8:30pm. After that she usually followed by a bath, and then she

I hope both my maternal grandparents will live a long life together.

